

# Leddy, Iacouzze swim to next Olympic trials

Montgomery resident Meghan Leddy recently achieved her second Olympic Trials qualifying time at the Memorial Day Invitational Meet, which was held at Rutgers University.

Leddy, who is a member of the Eastern Express Swim Team, clocked a 4:54.12 in the 400 IM at the Memorial Day Meet, and is now eligible to compete in both the 200 backstroke and the 400 IM at the next Olympic Trials competition. Leddy will continue her training over the next two years for the Olympic Trials, which are scheduled to be held in July, 2008 in Omaha, Nebraska, and will decide the team that will represent the United States at the 2008 Summer Olympics in Beijing, China.

Competing at national level meets is not new to Leddy, who in late March traveled with Eastern Express teammate, Brittany Iacouzze of Princeton Junction, to the USA Swimming National Spring Championship held in Federal Way, Washington. At the National Championship, Leddy had qualified for six different events, and had a full agenda competing in the 400 free, 800 free, 1500 free, 100 back, 200 back, and 400 IM. Her accomplishments at the National Championship included a notable seventh place overall finish in the 200 back, and a 15th-place finish in the 400 IM.

Iacouzze had also qualified for multiple distance events at the National Championship, and

competed in the 400 free, 800 free, 1500 free, and 400 IM. Iacouzze's best finish came in the 800 free, where she placed 16th overall. In addition, Iacouzze stroked an impressive swim in the 400 IM where she improved her personal best time by three seconds.

Currently, both Leddy and Iacouzze are training for two upcoming national meets scheduled for July and August, respectively. With other teammates from Eastern Express, Leddy and Iacouzze will be attending USA Swimming's fifth and final Grand Prix meet, the Janet Evans Invitational, to be held July 13-16 on the campus of USC in Los Angeles.

The 2006 Grand Prix meet circuit consists of five national meets held at various locations across the US, and provides swimmers an opportunity to compete against top competition such as Olympians Natalie Coughlin and Michael Phelps. Leddy and Iacouzze will also be attending the ConocoPhillips National Swimming Championships scheduled to be held August 1-5 in Irvine, Calif. looking to further improve their times.

Eastern Express is directed by head coach Brent Matheson, and practices at The College of New Jersey and Princeton University. More information regarding Eastern Express can be obtained from their website at [www.expressswimming.com](http://www.expressswimming.com).

M  
Rec  
hold  
spor  
foll  
A  
Cam  
July  
9 a.  
Mon  
The  
A  
Cam  
July  
31-A  
a.m.  
Scho  
camp  
A  
er C  
held  
2:30  
High  
the c  
A  
grade  
17-2  
Mont  
Coug  
camp  
A  
grade  
31-A  
p.m.  
Scho  
cost o  
A  
Camp  
July  
p.m.  
Scho  
cost o  
A  
grade  
10-14