

2017 EEX FALL SHOOTOUT AT TCNJ

SATURDAY, NOVEMBER 11 & SUNDAY, NOVEMBER 12, 2017

Hosted by EASTERN EXPRESS

Fly over starts may be used during the meet.



MEET SCHEDULE

DAY	SESSION	AGE GROUP	WARM-UP	CHECK-IN	START
SATURDAY	1	PRELIMS	9:00am	9:20am	10:00am
SATURDAY	2	DISTANCE	11:40am	11:45am	12:20pm
SATURDAY	3	SEMI FINALS	4:45pm	RELAYS	5:30pm
SUNDAY	4	TIMED FINALS	8:00am	8:45am	9:25am
SUNDAY	5	FINALS	4:00pm	RELAYS	5:00pm

WARM-UP SCHEDULE

SATURDAY				SUNDAY		
PRELIMS	PRELIMS	DISTANCE	SEMIS	08:00	08:40	FINALS
MAIN POOL **	DIVE POOL **	DIVE WELL	MAIN POOL	MAIN POOL	MAIN POOL	MAIN POOL
L1 EEX/SWST	EEX	ALL SWIMMERS	ALL	SCAR	STAC	ALL
L2 EEX/JG	EEX			SCAR	STAC	
L3 STAC	STAC			SCAR	STAC	
L4 STAC	SCAR	10 Minute Warm-up in Main Pool	SWIMMERS	SCAR	STAC	SWIMMERS
L5 SCAR	SCAR			SCAR	XCEL	
L6 SCAR	XXX			EEX	EEX	
L7 SVY	XXX			EEX	EEX/JG	
L8 SVY	XXX			EEX	EEX/UN	

Saturday Prelims Warm-Up:

9:00-9:45 Warm-up lanes as assigned

9:45-9:55 All main pool lanes for starts

TIMING ASSIGNMENTS: One timer from EEX and one from ...

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
SAT/PRELIMS	SCAR	SCAR	SCAR	SCAR	STAC	STAC	STAC	STAC
SAT/DISTANCE	SWIMMERS PROVIDE OWN TIMERS AND COUNTERS							
SAT/SEMIS	SCAR	SCAR	SCAR	SCAR	STAC	STAC	STAC	STAC
SUN/T-FINALS	SCAR	SCAR	SCAR	SCAR	STAC	STAC	STAC	SWST
SUN/FINALS	SCAR	SCAR	SCAR	SCAR	STAC	STAC	STAC	STAC

Sunday AM 500 freestyle swimmers provide their own counters

www.besmarttinc.com for heat sheets, meet results and more

